

# TWILIGHT THERAPY AND TRAINING SOLUTIONS LTD (Alternative Provision for Children and Young People)

We provide academic tuition embedded with therapeutic activities and emotional support to CYP struggling to engage in mainstream education. Our practitioners are qualified teachers or CBT professionals, and all use a trauma-informed approach to deliver bespoke interventions to the young person after a robust assessment. Our niche is our wellbeing café and out-of-hours provision



## WHY CHOOSE US

Our experience enables us to offer effective outpatient, individualised and psychological care. We treat a number of mental health disorders, and provide a neutral ground to children, young people and their families. At Twilight Therapy, we believe in putting our children, young people and their families first, which is why we are committed to exceeding the expectations of our service users with efficiency

### ❖ OUT OF HOURS CRISIS INTERVENTION AND STAFFING

Our fully insured residential practitioners provide critical out-of-hours support for children aged 6-18, utilizing techniques such as cognitive reframing, exposure therapy, and worry management. We support children, young people, and families facing emotional and academic challenges in various settings, from hospital visits to residential schools.

### ❖ CWP/EMHP CLINICAL SUPERVISION

Our skilled practitioners help children develop strategies to re-engage with education and get back into mainstream education, offering both face-to-face and remote support. We also provide clinical supervision for students and other services.

### ❖ SPECIALIST SERVICE REFERRALS

We collaborate with specialist providers to ensure children and young people receive the necessary support for their emotional well-being and academic progress.

### ❖ A SAFE SPACE

Twilight Therapy and Training Solutions LTD offers a safe space for children, parents, and families to discuss educational and emotional challenges.

## OUR SERVICES

### ❖ HOLIDAY CLUB/WELLBEING CAFÉ

Our Holiday Club and Wellbeing Café offer a safe and nurturing environment for children to enjoy recreational activities and receive emotional support, fostering overall well-being during school breaks.

### ❖ ALTERNATIVE PROVISION

We provide tailored educational programs for students who require an alternative to mainstream schooling, ensuring personalised learning experiences that address individual needs and promote academic success.

### ❖ SUPPLY TEACHERS/SUPPORT ASSISTANTS

Our qualified teachers and support assistants are available to fill staffing gaps, ensuring continuity of education and support for students during absences or increased demand in schools.

### ❖ EMERGENCY RESIDENTIAL ACCOMMODATION

We offer emergency residential accommodation for children and young people in crisis, providing a safe, supportive environment to stabilise and address immediate needs.

### ❖ FAMILY SUPERVISION

Our family supervision services support families experiencing difficulties, offering guidance and oversight to ensure the safety and well-being of children in challenging situations.

### ❖ CRISIS SUPPORT

We provide immediate crisis support for children and young people, offering interventions and assistance to address urgent emotional, behavioral, or academic issues.

### ❖ TRAINING AND EXAM CENTRES

Our state-of-the-art training and exam centres offer comprehensive facilities for educational courses, professional development, and standardized testing, ensuring a conducive environment for learning and assessment.



Contact Us: Twilight Wellbeing Café, Fairfield Street, Warrington WA1 3AJ

Other premises includes: Space Café and Training centre

Astronauts' Lodge

Tel: 03300582732, 07960777672

info@twilight-therapy.co.uk, www.twilight-therapy.co.uk